



## UPCYCLING COURSE TIMETABLE

### Four Week Course

Week No*	Subject	What we will cover	Outcome
Week 1	Iron, Mark & Modelling	Iron shirt, Mark cutlines on the form, remove & prep sleeves, modelling the back.	Preparing the upcycle, cutting & shaping, modelling skills and use of imagination!
Week 2	Overlocking & Straps	Overlocking edges, remodelling, making & turning straps, pressing, adjustments.	Finishing raw edges, reshape, sew and turn straps, pressing, address any adjustments.
Week 3	Sew Together & Strengthening	Sew all areas together, finish seams, strengthen straps with topstitch, brace placement.	Finish seams, topstitch straps, boxstitch straps together, strengthen brace area.
Week 4	Finishing, Embellishments & Review	Hammering braces in, making loops, optional embellishments eg. pocket.	Fixing closures, making loops, adding optional embellishments. Review of knowledge learned.

Each course runs at the same time, once a week for four weeks, you will remain in the same social group.